



## Volleyball League Rules

1. Matches shall consist of 3 games/sets of rally scoring to 21 points with a capped limit of 23 points. Games must be won by 2 points **with a hard cap at 23 points.**
2. Matches won will determine team ranking within each league. Tiebreakers will be determined by games/sets won, then points for, followed by points against.
3. Co-ed team composition must be no fewer than 1 less women than men. There is no “sex rule” during play.
4. All calls/rulings by referee are final and no argument shall be made. If a dispute occurs during play and no referee is present, replay the point. **Continued dispute with a referee’s call may result in player expulsion from the match.**
5. Rotation of server and position is required upon side-out.
6. Overhand, jump, and let serves are legal. Attacking or blocking a serve is illegal.
7. A fault will result in a point and possession of serve for the opposing team. Faults include:
  - Hitting the volleyball illegally - you must strike the ball in a manner such that you don't hold, carry, lift, or throw the ball.
  - Stepping over or on the line while serving.
  - Not serving in the correct order.
  - Not being fully on the court while the ball is being served.
  - Hitting the volleyball out of bounds.
  - Hitting the ball more than 3 times during possession
  - Double contact - when the same player contacts the ball twice in a row with the exception of receiving a hard hit (serve or spike).
  - Touching the net.
  - Crossing under the net and/or interfering with a player or the ball during play. **Stay on your side of the court during play! Failure to do so can lead to serious injuries!**
8. Back row players making an attack must jump before the 10 foot line, but are allowed to land in front of it.
9. A play is considered live if the ball hits the ceiling while still under your team’s possession, but will result in out of bounds if the ceiling is hit after crossing the net. All walls and the court separation net are considered out of bounds.

### Differences between “A” League and “B” League

There is no difference in rules between “A” and “B”. “A” League typically offers a more intense, fast-paced style of play where teams will consistently pass, set, and hit with more precision and encounter less errors. “A” League players will receive more scrutiny from referee calls in terms of illegal touches (i.e. carry, lift, doubles, etc.). If you’re new to volleyball or league play at Oakstone, we recommend “B” League. “B” League teams are often a mixture of new and experienced players. Many “B” League teams will still experience a high level of play.

**If your team is unable to play a match, please call Oakstone at 608-688-2043 at least 3 hours prior to your start time in an effort to notify your opponents. If no effort is made, it will result in a forfeiture of the match for your team.** Matches may be rescheduled later in the season depending on team and court availability.

If you have any questions regarding rules, schedules, scores, or court availability, contact us at [volleyball@oakstonerec.com](mailto:volleyball@oakstonerec.com) .